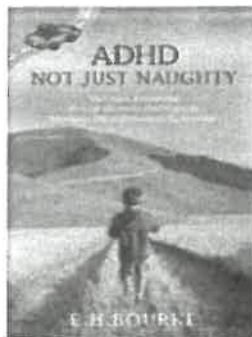


ADHD-Not Just Naughty

One mum's roadmap through the early challenges of Attention Deficit Hyperactivity Disorder.



ADHD--*Not Just Naughty* is an uplifting guide for parents and care-givers of children diagnosed with Attention Deficit Hyperactivity Disorder. (ADHD) The main symptoms are hyperactivity, impulsivity and inattention.

Problem issues may include lack of focus, unfinished tasks, constantly interrupting, difficulty sitting still, trouble waiting their turn, and fidgeting. Children are often unfairly labelled as 'just naughty'.

This book offers practical parenting strategies, intertwined with real-life incidents, with a dash of humour thrown in. Issues such as self-esteem, social skills, schooling, discipline and controlling anger are explored, with a strong focus on emotional well-being of both parent and child.

It also comes with a message of hope, that children with ADHD are not *just naughty* and that diagnosis of ADHD can be a new beginning to a better relationship.

This beautiful book is written by a local author whose children attended Crib Point Primary School. If you are interested in ordering a copy of her book please see Rebecca in the office.



www.facebook.com/onemumsroadmap/

\$24.99

PADUA COLLEGE

TWILIGHT OPEN DAYS 2020

Year 7 2022 Enrolments open Monday 2 March 2020 and close Friday 15 May 2020

www.padua.vic.edu.au

REPAIRS AND MAINTENANCE ON ALL VEHICLES AND MACHINERY

AUTOTECH

- AIR CONDITIONING SERVICING & RE GAS
- ELECTRICAL
- LOG BOOK SERVICING
- ALL MACHINERY REPAIRS & MAINTENANCE
- ALL MINOR & MAJOR REPAIRS TO LIGHT & HEAVY VEHICLES

WE COME TO YOU

Callum - Mornington Peninsula
Tim - Wedderburn and surrounds

0401 407 035

Facebook | Instagram | VACC

These advertisers support us, please support them.

straight orthodontics
health | harmony | confidence

Develop the confidence of a winning smile

Crooked teeth? Get advice from a specialist orthodontist today. No referral needed. **Free initial visit.**

03 9585 8000

MENTONE | FRANKSTON

austnews DESIGN+PRINT

All your marketing needs, in one place.

1800 245 077 | design@austnews.net.au | design.austnews.net.au

ADVERTISE HERE!

If you are reading this, so are your potential customers...

1800 245 077

The Morradoo



Crib Point
Primary School

Principal: Tina Coumbe
Phone: (03) 5983 9282
School Website: www.cpps.vic.edu.au

FROM THE PRINCIPAL'S DESK—TINA COUMBE ISSUE #2 THURSDAY 13TH OF FEBRUARY 2020

Hi everyone,

It has been so exciting watching our students enjoying our new library. There are lots of places to crash and just read a book. I think this is one of my favourite spaces. It is so lovely watching our students enjoying reading.

We were very excited this week to as our new Maths kits arrived. We are implementing a new program to compliment our existing program. It is called "Top Ten Maths" and is very hands on focussed. We trialled this program last year and loved the quality of the lessons and materials so have launched it this year at all year levels.

Please watch out for a notice in the next few days about school council elections. School Council is such a vital part of any school and it is a wonderful opportunity to help us achieve some amazing things for our beautiful school.

There is lots of excitement buzzing around the Grade 3 sleep over tomorrow night, both from the staff and students. This is the beginnings of our camping program. The students are sleeping in tents in the hall and doing some wonderful activities.

Have a great weekend!

Tina xx

SCHOOL PHOTO UPDATE

School Photo envelopes were sent home to every student on Monday. If you would like your children to have a photo taken with their sibling, please see Rebecca in the office as there is a separate envelope to fill in for sibling photos.

School photo's will be held on **Friday March 13th.**

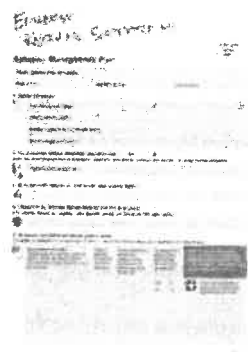
COMING SOON

Friday 14th February	Year 3 Sleepover	Wednesday 19th February	Parent/Teacher interviews 3:30pm-5:00pm NO PREPS TODAY
Monday 17th February	Assembly 2:45pm 1/2D Parent/Teacher interviews 3:30pm-5:00pm	Monday 24th February	School Council
Tuesday 18th February	Parent /Teacher interviews 3:30pm-7:00pm	Wednesday 26th February	NO PREPS TODAY



URGENT

Can we please ask that any asthma action plans or other medical action plans that your child requires, please be handed in to the office asap with the required medication



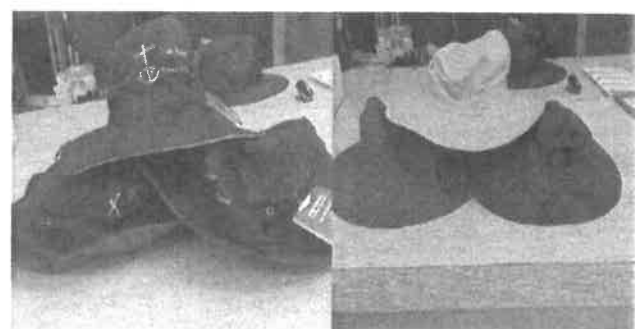
SCHOOL HATS

Term 1 and 4 it is compulsory for students to wear a school hat during recess, lunchtime and whilst participating in any outdoor sports or activities.

We have 2 styles available from the office

Wide brim with drawstring \$11.00

Reversible house colour hat \$10.00



Charlotte Griffith-Sullivan PV

Milla Simpson PV

Tomo Okada-Chapman PV

Tyler Guest 1/2D

Bella De La Cruz 1/2D

Degan Wallis 1/2J

Elijah Spooner 1/2J

Violet Folliard 1/2J

Jack Simpson 1/2S

Kayden Verhaaf 1/2S

Olivia Edwards 3/4E

Scott Ryan 3/4E

Zion Hazelman 3/4H

Jett Hardy 3/4H

Abbi Ryan 5/6B

Dylan Deakin 5/6G

Jaykaela Davies 5/6G

Art Awards

Cooper Southey-Diphoorn 1/2S

Saffron Kuipers 1/2S

Tony Leary 1/2J

Patrick Johnson 1/2J

Thord Hansson 3/4H

Jordan Churcher 5/6G

A huge congratulations to our school leaders of 2020

SCHOOL CAPTAINS

Addison Wakeman

Isla McKenzie

VICE SCHOOL CAPTAIN

Zach Panting

Lilly Charleston

WOOLLEY HOUSE CAPTAINS

Alex Davis

James Christie

JACK HOUSE CAPTAINS

Blake Dainton

Matilda Puru

HANN HOUSE CAPTAINS

Bodhi Griffin

Corbin Richards

STEM LEADERS

Liam Ricard

Naeema Mohammed

SUSTAINABILITY LEADERS

Steph Farrell

Scarlet Luen

THE ARTS LEADERS

Aliylah Ryan

Ashton Lyddy

Congratulations to the 'I Sea, I Care' Ambassadors representing Crib Point Primary School for 2020

Jaykaela Davies

James Christie

Lucas Cusack

Scarlet Luen



MOSQUITO'S

The Mosquito's are out of control at the moment!!

Please help protect your child by spraying them with insect repellent before they come to school.

You are welcome to pack a roll on (no aerosol cans) in your child's bag so they can reapply during the day if need be.

We are not allowed to supply insect repellent.

